

President's Message



My Dear MOS Members, My Seniors, My Teachers, My fellow Colleagues,

I am extremely thankful to all my esteemed members of MOS to have elected me to this prestigious post of this August society .

This year my theme is "Overall wellness of MOS members beyond ophthalmology "

My predecessors have raised the bar.

I want to create an MOS branding so that the rest of societies in India and abroad should follow us as a gold standard of whatever we do and also make them rethink their strategies.

Much before taking over the mantle of the society I started doing my groundwork in September and created a blueprint for my tenure. I feel if the mind, body and soul work in unison, members can harness this optimal potential and thereby focus well not only professionally but also in all fronts of life.

To develop this fully I had in mind to have full empowerment of MOS members, a real all rounder in its true sense so as to make him/her emotionally competent to take any untoward events with a balanced approach.

Covid has taught us many things and was a real eye opener. In a survey conducted by AIOS lots of members were having depression and emotional instability hence I conceived the idea for overall wellness beyond ophthalmology.

Various committees were formed by me in the month of September and preliminary meetings with many of them were held to chart out and create a road map for the full year.

To highlight of what I plan & my concept of having these many committee I shall tell you in brief

1. Yoga and meditation committee: Headed by a very senior yogacharya Dr Samprasad Vinod ji. He conducted a month-long session on Yoga & Pranayam in November-December, which was well attended and appreciated by all attendees. He is ably supported by our own yoga specialist MOS PP Dr KD Pakhre and Dr Darade. We plan to have a few more sessions this year.

I request all of you all to attend these illuminating sessions. Details of forthcoming programs will follow soon.

2. Public speaking and personality development committee: Headed by Padmashree Dr T P Lahane and Dr Ranjeet Maniar. We have observed that the Col. Rangachari award and C S Reshmi award during AIOC is awarded to recipients from other states. Hence our focus will be to train our members to achieve and win these prestigious All India Ophthalmological Society awards..

This committee will also try to increase the level of confidence of our members so that any member even from the remotest corner of Maharashtra can aspire to compete at national/international level.

3. Mentor-mentee committee: I have decided to revive the bygone Guru shishya parampara.

We know a fresh passout post-graduate has very little idea about how to go about starting a practice. Most of us have gone through the insecurities in the early years of practice, regarding raising finances, planning a clinic/hospital, administration and licensing problems.

Hence I feel the new generation should get proper guidance from senior practitioners so that a new comer will face less hurdles in their initial years. We will have a standardized template with consultation of senior mentors, who will guide a mentee, not only in academic subjects but also provide overall assistance in practice management. I am sure this program will give valuable assistance to all those who need it in establishing themselves in their ophthalmic practice.

4. Financial Literacy committee: I have seen lots of its members are unaware about matters related to investments. I had conducted many webinars during the lockdown on this subject. You will be pleasantly surprised to know MOS has a treasure of investment experts to guide our own members. Hence financial literacy lectures will be conducted throughout the year under

the guidance of our financial gurus. We also plan to have a full final session during MOSCON 2022 at Nasik with the permission of our Chairman Scientific Committee.

5. Exchange of MOS members with foreign institutes and leadership development program committee: I have observed that foreign trained ophthalmologist are better equipped in clinical care .Hence specially for beginners I plan to use MOS platform to arrange for short 4 to 6 week observership in foreign institutes .They in turn will send their candidates here in exchange. They will train them and will have access to the OPD, operation theater, diagnostics and other treatments and also in-house CMEs. It will be a big boon for the members once they return to start their practice.

We require 4 premier institutes in Maharashtra who can give 6 weeks observer training at their institute and with accommodation (if possible). Dr S Natarajan, Dr S B Kelkar have already agreed for this proposal and MOS wishes to thank them for their gesture. We are also in talks with some other large institutes for this proposal..

Dr Udayan Dixit has been kind enough to have done groundwork for identifying foreign institutes. He has received positive feedback from some imminent institutes in the UK.

6. Diabetic retinopathy awareness and screening committee: During Covid times the pre diabetics have become overtly diabetic, adding to the already large burden of diabetics in our country. I plan to create awareness amongst physicians & the general public by launching a regular diabetic awareness campaign. This campaign is planned during November & December 2021. Screening also will be taken up in all the 36 districts. eventually from January 22.

7. E journal E research and E library committee: We plan to promote academic interaction by launching various programmes under the guidance of this committee. Some of the ideas discussed and finalized are monthly journal club meetings, under the guidance of Dr Vaishal Kenia & Dr Parul Deshpande. Dr Sabyasachi Sengupta, a formerly trained clinical researcher will be conducting webinars on 'Research Methodology'. A Podcast channel-Ophthalmology & Beyond-The MOS Podcast, an idea suggested by Dr Mandar Paranjpe, has already started on many popular podcast apps like Spotify, Google Podcast and Apple Podcast. Dr Sumeet Lahane will be coordinating the work of this committee..

8. Academic committee: This committee is headed by the teachers, Prof. Dr Vilas Wangikar and Prof. Dr S. C. Karandikar. This committee is entrusted with the aim of formulating guidelines for preferred practice patterns, in the form of a booklet, which will be a handy reference manual for all MOS members. Although it is a difficult task, given the vast experience of members of the committee, we shall finish it in the coming year.

9. Public awareness committee: Image of us doctors has taken a beating literally and figuratively amongst the public in recent years. We have taken up the challenge of addressing this problem, by forming this committee. Dr S B Kelkar & Dr. Jeevan Ladi are heading this committee. Dr Mandar Paranjpe is the committee coordinator. We will try to use various media platforms to sensitize the public about issues faced by doctors and build a healthy relationship between patient and the doctor. Apart from this we will continue to have public awareness campaigns on various eye diseases like diabetic retinopathy, glaucoma, eye donation, etc on TV and radio.

10. Women empowerment committee: We know that women are multi-talented and very good at multitasking. Dr Karobi Lahiri, who is heading this committee is planning innovative sessions for the benefit of women members of our society.

11. YOSI committee in Maharashtra: Young minds are very creative. However they do have problems of their own. The youth of the society will be given a chance to present their talent, academic and non-academic through the MOS platform. Dr. Amey Kulkarni is chairman of this committee. Dr Sumeet Lahane is co-chairman and Dr. Aarti Heda is coordinator.

12. Sports committee: 'All work and no play makes jack a dull boy' as the saying goes.

We plan to have outdoor sports events where we will have cricket, badminton ,lawn tennis and indoor sports like table tennis, chess, carrom, etc throughout the state. We plan to have inter-district, inter-zonal and finals for each discipline, tentatively during the weekends coinciding with ganapati festival.

13. Cultural committee: Many of our members are multi-talented in the sphere of arts, like painting, dance, singing, etc. This committee will arrange events to showcase these talents. We also plan to have an annual cultural programme before the end of my tenure.

14. Grievance committee : Many of us face various grievances regarding services delivered by various vendors. This committee headed by Dr Ranjit Maniar and composed of Dr S B Kelkar as co-chairman, will try to resolve many of these matters. The committee coordinator is Dr Hanumant Bhosale.

15. Advocacy committee: Lately we have been facing lots of issues related to new government regulations, giving rise to many difficulties in delivering our services. This committee chaired by Col. Dr Madan Deshpande, Dr Anil Kulkarni and Padmashree Dr Vikas Mahatme, MP, Rajya Sabha, will liaison with government departments to resolve some of these issues.

16. Medico-legal committee: We are fortunate to have PP Dr A A Deshpande, an ophthalmologist and a lawyer to head this committee to help our members in medico-legal cases, at no cost.

17. Quiz committee: This committee is headed by AIOS & MOS PP Dr Quresh Maskati and Dr Subhash Bijlani will be the co-chairman. We hope to have a very stimulating state level quiz competition with handsome prizes to be won. The quiz will be held in a round-robin format among all 36 districts of the state. This will culminate in the final round during the annual conference at Nashik.

18. Fundraising committee: This is headed by Padmashree Dr T P Lahane ,Prof Dr Ragini Parekh, Dr Yogesh Shah, and Dr Karobi Lahiri. The role of this committee is to raise funds for conducting all the proposed work, as mentioned above..

19. Professional indemnity committee: This committee was established during the tenure of Dr Sunaina Mallick. We shall continue with this committee, to provide the necessary services for issuing and renewing professional indemnity group policies. I have a sincere appeal to all members to get a professional indemnity policy at the earliest. Dr Vardhaman Kankaria, coordinator of this committee will help in resolving any issues related to this matter.

Along with this we also plan to start a quarterly scientific new bulletin, MOS Times (akin to DOS Times). Dr Vardhaman Kankaria has agreed to take up this initiative forward.

We also will try to complete the work initiated by my predecessor Dr Parikshit Gogate and his team, like follow up with MUHS for implementing postgraduate guidelines, introducing SICS training simulator for postgraduates, and school eye checkup in rural areas.

Our aim this year is 'overall wellness of our members'. All the above mentioned committees are geared towards this aim. We appeal to all members to actively participate in our endeavor. I also appeal to all district societies presidents and secretaries to encourage all their members to participate actively in this year's activities.

We are fortunate to have Dr Ragini Parekh continuing as Chairman, Scientific Committee this year as well. We will definitely continue to have many illuminating scientific activities under her leadership, virtually and (hopefully) in physical form.

I have a very dynamic Managing committee with Dr Rajesh Joshi as my Secretary (Arjun) & Dr Rajiv Mundada as Treasurer (Karan) as solid pillars of my core committee. We shall endeavor to do nothing but the best for MOS. Our Chief Advisor Padmashree Dr T P Lahane along with Dr A. A Deshpande ,Col Madan Deshpande & Padma Shri Dr S Natarajan are my guiding force whom I can always rely on. So also Scientific Committee advisors Dr Anil Kulkarni , Dr S C Karandikar, Dr Quresh Maskati are always ready to help and give proper guidance on many important issues related to MOS. I feel very secure to go ahead with my plan for MOS..LONG LIVE MOS!

Yours truly,

From the President's Desk

Dr Jignesh Taswala,

Hon President, MOS, 2021-22



Esteemed members of MOS,

I thank all the members of MOS for giving me the opportunity and responsibility to serve the society. I appreciate from the bottom of my heart the high standard set by the MOS team under the leadership of President Dr Parikshit Gogate. My predecessors have done an awe-inspiring job.

The roadmap for this year has already been set by our vibrant president Dr. Jignesh Taswala with the theme of "Overall wellness of MOS members beyond ophthalmology".

I assure you the year will be busy for everybody and there will be something for everyone.

All annual MOS activities like eye donation awareness programme and Glaucoma week will be conducted as usual apart from Radio and TV shows. Diabetic screening and awareness which is the brainchild of Padmashree Prof. Dr S. Natarajan will be conducted all over Maharashtra

Our Chairman, Scientific Committee, Prof Dr Ragini Parekh and her team has done a wonderful job all along the last year by organizing virtual CME'S and a bonanza of scientific talks in the annual MOS conference. Her guidance will be of great help in organizing journal club activities and case report presentation and discussion on it.

To groom fresh MOS members who have recently post graduated we plan to groom them through the mentor-mentee program.

We will continue the good work done by the previous team such as the online voting process, membership drive and updating the MOS database. During the recently concluded MOS election around 150-200 members could not vote due to faulty email or mobile numbers. We plan to update their credentials on MOS members data.

It is our dream to have every allopathic ophthalmologist in Maharashtra to be a member of MOS and AIOS to make our presence felt at the national level. I urge all the members to work hard in this aspect.

We will also work towards popularizing the professional indemnity scheme which was started under the able guidance of Prof Sunaina Mallik, Dr. A. A. Deshpande and Dr Vardhaman Kankaria.

The MOS grievance cell will look after grievances from the MOS members and will work in the interest of MOS members solving contentious issues with trade and industry. It will also look after group purchases negotiations. We also plan to join hands with biomedical engineering colleges for services of the equipment. This will be an ongoing process.

Final version of residency training guidelines is ready and has been submitted to MUHS. It was possible because of help from all the professors of Medical colleges and private institutes across Maharashtra. Our team will pursue further for the endorsement of these guidelines from the MUHS. Thanks to Prof Dr T P Lahane, Prof Dr Ragini Parekh, Prof Dr Vilas Wangikar, Dr Parikshit Gogate and all those who helped in finalizing the draft.

The Melghat project for the examination of underprivileged children was on hold due to COVID . It shall be restarted soon. It was the initiative of Immediate past secretary Dr Shirish Thorat. We will take this project to the next level.

We plan to have virtual CME in partnership with the district ophthalmic societies. I sincerely request the cooperation of office bearers of local district societies in this program.

We would also like to bring about better coordination between various subspecialty societies and the MOS.

Beyond the ophthalmology front, we have started with YOGA teaching and practice sessions, sports and cultural activities, finance and personality development.

We hope to have an excellent academic year with Dr. Ragini Parekh as our Chairman, Scientific Committee. Under the able guidance of the advisory board we hope to achieve a successful year ahead.

I would like to seek the blessings and cooperation from all the members of the MOS.

I would like to take this opportunity to give a brief synopsis of the progress done during the last 3 months.

1. MOS Annual meet (MOSCON 2021): It was held on 23rd and 24th October (in a virtual form) and 30th and 31 st October 2021 (in a hybrid form). Scientific committee headed by Prof. Ragini Parekh as a Chairman and her team did a herculean task to make it a success. We had International and National faculties including our own MOS and BOA faculties. International

faculties were Dr Fatima Kyari and Prof Nathan Congdon. It consisted of a plethora of activities which included instruction courses, awards and orations, free papers, special session conducted by Prof Dr T. P Lahane like 'what will you do', OPL, Court martial, Medicolegal session, cultural activities and Quiz. President Dr Parikshit Gogate and his team did a thorough job in organizing this conference.

Installation ceremony of MOS Managing Committee 2021-22

Installation of new team for the year 2021-22 was held on 30th October 2021 at Corinthians Resort and club, Pune. MOS president 2020-2021 Dr Parikshit Gogate welcomed the gathering and thanked all who helped during his tenure. Dr Shirish Thorat Secretary elaborated activities which were held during his tenure. Dr Ragini Parekh announced MOS awards for the year 2020-2021. Prominent among them were Dr T.P. Lahane award for Dr Vynkatesh Prajana, Dr V. K. Chitnis Oration Award for Dr Aditya Kelkar, Dr. S. N. Cooper award for Dr Meenakshi Bhattacharya, MOS lifetime achievement award for Col. Dr. Madan Deshpande, Dr Ishwarchandra award for Dr S. N. Natarajan, Dr S. D. Athavale award for Dr Ashok Mahadik, Best teacher award for Dr Shrikant Joshi, Best private practitioner award for Dr Anil Shah, Ahmednagar Ophthalmological Society award for Dr Renu Wadha and Dr Chandrashekhar Chavan (Jointly), Best free paper award Dr Prashant Bawankule and Best free paper amongst private practitioner category Dr Prashant Bawankule.

Dr. Anagha Heroor introduced Honorary MOS President 2021-22 Dr Jignesh Taswala. Dr Jignesh Taswala welcomed the gathering and spoke about the various activities he is going to conduct throughout the year. He said the theme for the year 2021-22 is "Overall wellness of MOS members beyond ophthalmology". He sought blessings from advisors and past presidents of MOS and requested cooperation from all MOS members. Installation of the team for the year 2021-22 was done. Treasurer Dr Rajiv Mundhada expressed various ways to increase the bank balance of MOS and promised to work towards this goal.

Dr Rajesh Joshi, Secretary thanked all managing committee members for the year 2020-21 and urged to help him during his tenure. He promised to work for the betterment of society keeping in mind the interest of all MOS members. The ceremony was conducted ably by Dr Anagha Heroor and Dr Darshana Shah.



MOS Election for the team 2021-22

MOS election for the MOS team 2021-22 was held online from 19th October -25th October 2021. The election was held for the posts of Second Vice-President, Joint Treasurer, Joint Secretary, two MOS representatives to AIOS. In all 1512 votes were cast. Election commission headed by Dr Quresh Maskati and members of Election commission Dr A. A. Deshpande, Dr Jeevan Ladi and Dr Milind Killedar did an efficient and impartial job.

Following members were elected to respective posts.

1. 2nd Vice President - Dr Santosh Agrawal
2. Joint Secretary - Dr Anagha Heroor
3. Joint Treasurer - Dr Vivek Motewar
4. MOS representatives to AIOS - Dr Jignesh Taswala and Dr Parikshit Gogate.

Congratulations to the winning candidates!

2. **YOGA SESSION** started from 15 th Nov on alternate days for 12 session 6am -7: 30 am

The idea is to keep the body and mind fit. Yogacharya Dr Samprasad Vinodji was the yoga teacher for these sessions. Following YOGA activities were conducted by yogacharya.

First Day (15 November)

1. What is Atmayoga Sadhana?
2. How and why, it differ from conventional physical yoga?
- 3.. How does it help one develop a holistic vision of life?

Second Day (17 November)

1. What is Meditation and what is not?
2. How to meditate?
3. How to perform 'Simple Actions' in a meditative way?
4. How to perform 'Yoga Postures' in a meditative way?
5. How to lead a meditative life?
6. How does it help in stress management?



Third Day onwards the sessions comprised learning and Practice of Meditation, Yoga Postures, Pranayam, Omkar, Prayer, etc. were covered in sessions.

The YOGA session got an overwhelming response from all over Maharashtra and was attended by large number of MOS members.

3. **Financial Planning made simple:** This was the first seminar held in physical mode under the aegis of MOS at L. M. PATEL ROTARY EYE HOSPITAL, MUMBAI on 21 st November 2021. A full day session on "Financial Planning Made Simple " covered by Dr Manojkumar Agarwal with good interaction with the esteemed audience. He covered everything from mutual funds to retirement planning.



4. **MOS E- Journal club:** 1st meeting of Journal club was held on 24 th November 2021 virtually. Dr. Sanjana Chipre PG student, JJ Hospital presented research article on " Incidence of Incision related Descemet's membrane detachment using phacoemulsification with trapezoid Vs. Conventional 2.2mm clear corneal incision- A randomized clinical trial'. Coordinators for the meeting were Dr Sumeet Lahane and Dr Parul Deshpande. Moderators and panelists were Dr Sangeeta Wagh, Dr Saurabh Patwardhan and Dr Anagha Heroor. Statistical experts were Dr Sabhysachi Sengupta and Dr. Maninder Sethia. Meeting was well attended through facebook and youtube.

Second meeting of MOS E- Journal club was held on 22nd th December 2021 virtually. The presenter was Dr Roshni Ghuge from SBHGMC, Dhule. She presented an article on "Spasm of near reflex: comprehensive management and treatment outcome."

Co-ordinators were Dr Parul Deshpande and Dr Vaishal Kenia, Moderators and panelist were Dr Jyoti Matalia from Bengaluru, Dr Ramesh Kekuniya from Hyderabad and Dr Preeti Patil- Chhabalani from Hyderabad/ USA, Statistical experts were Dr Sabhysachi Sengupta and Dr. Maninder Sethia.

5. Diabetic awareness programme by MOS

A. MOS sent educational brochures and posters to all its members for the awareness of diabetic retinopathy.

B. Awareness on youtube and camps were organized by Vishwakarma Eye Hospital on 14 th November, 2021.

D. OPD screening was held at GMC, Nagpur about diabetic eye disease on 14 th November.

E. "Diabetic Screening Camp" On the eve of World Diabetic Day'-14 th November 2021 By Sushila Netralay , Aurangabad, Maharashtra

Under the aegis of MOS.

Dates 10 Nov 2021- 15 Nov 2021

Screening was done with the help of a portable fundus camera.

Total Patients screened were as follows - Total - 114

1) Cataract - 15 patient 2) Glaucoma - 4 patient

3) Pterygium - 2 patient 4) Diabetic Retinopathy - 10 (8.8%) • NPDR - 1 patient (0.8%) • PDR - 1 patient (0.8%)

• Diabetic Maculopathy - 8 (7%)



F. Ophthalmology update was organized by IMA Pune on 14th Nov 2021.

Dr Geetanjali Sharma, Jt Secretary, IMA Pune was the main organizing person.

Following talks were delivered.

1. Diabetic Retinopathy by Dr. Shrutika Kankariya,

2. Eye donation By Dr. Sangeeta Wagh,

3. Refractive surgery and Cataract in Diabetes by Dr. Ladi,

4. Covid and Eye by Dr. Geetanjali Sharma with special emphasis on diabetes and how it caused Mucormycosis problem.

This was for Physicians and General practitioners. More than 800 delegates attended this workshop.

G. Dr Harshit Vaidya from Mumbai had conducted a DR camp on the occasion of World Diabetes Day on 14th November, under the MOS banner at his center in Mumbai.

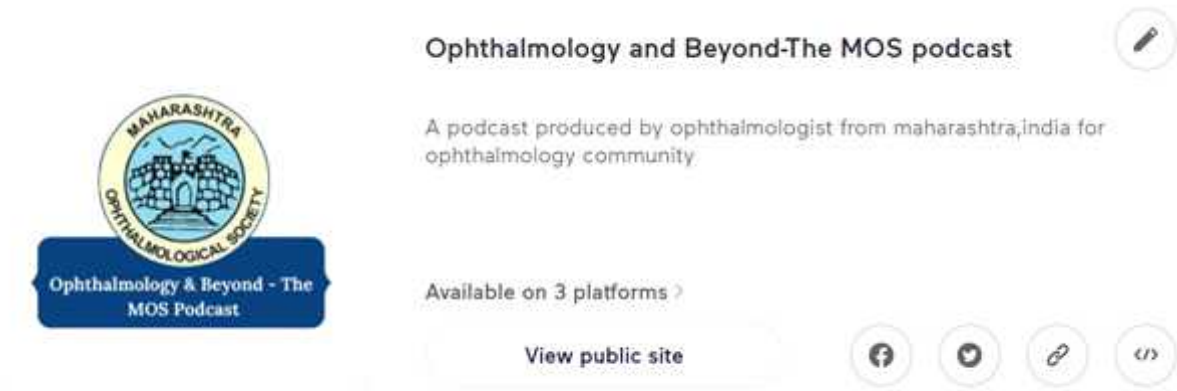
H. Prof. Saroj Sahdeo organized a diabetes awareness camp at a community center at Naigaon for railway employees on 29 th & 30 th November, 2021. Total of 18 patients in the 45 plus age group were screened for diabetic retinopathy with Fundus photos & blood checkup HBA1C Sr Creatinine & BP



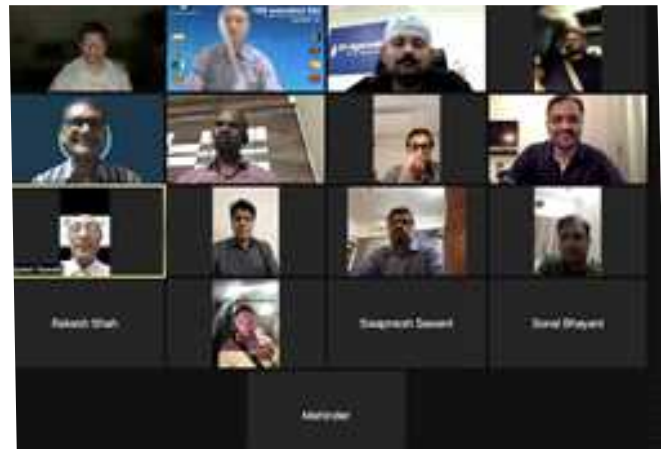
6. **Diabetic retinopathy programme at Aurangabad** in a hybrid mode was held on 26th November, 2021, under The aegis Of Maharashtra Ophthalmological Society organized CME on 'Diabetes & The Eye'. Speakers were Dr Prof T P Lahane, Dr Ragini Parekh, Dr Archana Vare, Dr Manoj Saswade, Dr Archana Sarada, Dr Santosh Agrawal and Dr Jagdish Loya

7. **Buldana Ophthalmic Surgeon's Society** organized a virtual CME on 28th November, 2021. Speakers were Dr Preeti Bahekar, Dr Neha Joshi and Dr Shailesh Chajjed. Coordinators were Dr Shon Chinchole , Dr Subhash Joshi and Dr Manish Wankhede.

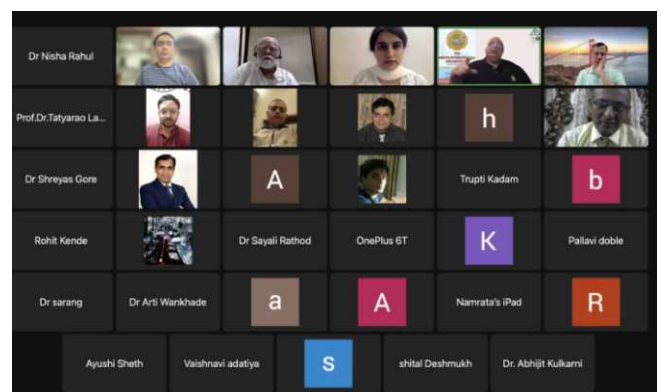
8. **MOS Podcast:** During the 1st managing committee meeting, Dr Mandar Paranjpe conceived and proposed the idea of starting a MOS Podcast. In response to this innovative suggestion, a podcast channel, 'Ophthalmology and Beyond - The MOS podcast' was started. It can be heard on Spotify, Google Podcast and Apple Podcast. The first podcast features an interview of Dr Gullapali N. Rao, Founder Chairman, L V Prasad Eye Institute, Hyderabad. We urge all MOS members to listen to these podcasts and send your feedback to us.



9. **BOA update on Aflibercept:** Bombay Ophthalmic Association along with MOS organized an update on Aflibercept on 23rd December, 2021, virtually. The Speaker was Dr Nishant Kumar who shared his experience on Comparative analysis of Anti-VEGF : Protocol -T & RWE Aflibercept in Diabetic macular edema. Other speakers were Dr Aniruddha Mahindrakar, Dr Jaydep Walinjkar and Dr Nilesh Kanjani. Chairpersons were Dr Nishikant Borse and Dr Preetam Samant. Dr Swapnesh Sawant ably conducted the proceedings.



10. **Mission Col. Rangachari:** To encourage postgraduates to win Col. Rangachari and other prestigious prizes at National and International level, MOS organized post graduate residents meet on 12th December, 2021, virtually, with mentors like Prof. Dr T. P Lahane, Dr Keiki Mehta, Dr Ranjit Maniar. Dr Natasha Pahuja, Dr Mukesh Paryani and Dr Karishma Wadia guided postgraduates. 40 post graduates attended the meet.



11. **MOS Snippets:** MOS Snippets started from 13th January, 2022. This has received an overwhelming response from MOS members. The snippets were shared to all MOS members by email, facebook and Instagram. Dr Vaishal Kenia, Dr Zain Khatib, Dr Niraj Israni, Dr Pallak Kusumgar, Dr Prajakta and the Snippets committee are working hard for the same.

MOS Snippets... Flash notes

- Keratoconus is characterised by posterior corneal elevation and thinning
- It is most commonly associated with Atopy (eye rubbing)

TAKE HOME MESSAGE:

- ✓ Scheimpflug based topographers are the diagnostic tools for Keratoconus
- ✓ Patients diagnosed with Keratoconus should AVOID EYE RUBBING
- ✓ Corneal Collage Cross-linking is the gold standard procedure to halt progression of keratoconus

- Scan Quality: 'OK'
- Q value: <-1
- Kmax: >47D
- I-S asymmetry: >1.2
- Posterior elevation >20
- Thickness <500µm

Dr. Prajakta Paritekar. Consultant – Cataract; RJ Sankara Eye Hospital, Panvel

12. **MOS Financial literacy programme:** The first webinar on MOS Financial literacy was held on 18th January, 2022. Dr Keiki Mehta inaugurated the series and also shared pearls of financial planning. Dr Nikhil Gokhale highlighted on step by step practical tips of opening a DEMAT account. Dr Kulin Kothari, Dr Akash Patel, Dr Nikhil Gokhale and Dr Arun Samprathi were panelists.

13. **AOA Cricket tournament:** Aurangabad Ophthalmological Association along with MOS organized fun cricket on 9th January 2022., President Dr Vaishali Lokhande-Une , Dr Swati Shinde, Secretary & Dr Ajay Lohiya, Treasurer and Dr Vandana Kabra took great efforts.

14. **BOA-Ajantha Premier League Cricket:** Ajanta premier league turf cricket under the aegis of Bombay Ophthalmologists Association and Maharashtra Ophthalmological society was organized on 23rd January 2022.

15. **MOS mission Col Rangachari 2nd meet** was held on 24/1/ 22. Speakers were Dr Santosh Honavar, Dr Keiki Mehta and Dr Natasha Pahuja. Dr Nehali Pant, Dr Namrata Bansode and Dr Aditya Ganesh presented on Omicron, Mr. Ravi Shastri as a coach of the Indian Cricket team and Virat Kohli as a captain of the Indian Cricket team respectively.

I wish all members and their families a very happy and safe new year!

Warm Regards

Dr Rajesh Joshi

Hon. Secretary, MOS

TREASURER LETTER



Dear Esteemed MOS member

Happy new year! I hope you are in pink of your health. Under the leadership of President Dr Jignesh Taswala, Secretary Dr Rajesh Joshi & Scientific Committee Chairperson Dr Ragini Parekh, we are planning for 'overall well-being of our MOS members', be it academic, social, financial or health related wellness. We have already done planning through 21 different committees. We have started new programs like MOS podcast, Snippets, International observer-ships, E- journals. I hope these activities will definitely help in individual development.

Young ophthalmologists will be benefited through different programs like Mentorship, international observership, Practice Management, Mission Rangachari, Research Methodology workshop. Health related activities like Yoga, Sports are going to boost overall health of our members in this pandemic time. MOS has already rolled out the Group indemnity policy which will have minimum premium with Refractive surgery coverage. Also for legal issues we have set up an expert medico legal committee. We are in talk with the government regarding special " Day care Clinical establishment Bill" especially for Ophthalmologists.

These different activities will be successful only if there is active involvement of all the district societies & most importantly individual members. As a Treasurer of MOS, I request each & every MOS member to actively participate in these activities.

As an Ophthalmological Society, it's our moral responsibility to reduce the blindness load of society. As an individual every ophthalmologist is helping in the blindness control program. We can also create awareness about different eye diseases by participating in different awareness activities like Audio- visual shows on Television & Radio along with awareness rallies in all the districts.

I request all the district societies to encourage all the ophthalmologists in your respective districts to become MOS members to further strengthen our Society.

UNITED WE STAND!

Take care of yourself and family!

Yours truly,

Dr Rajiv Mundada

Hon. Treasurer 2021-22, MOS

Chairperson, Scientific Committee's Message



Respected Seniors, Teachers and my dear MOS family members,

Greetings to you and your families for the new year! 2020-21 was a whirlwind year for the Scientific Committee. The grand finale being VIRCON-2021, the virtual annual conference of MOS. Although Covid put restrictions on a physical meeting, there was no dearth of enthusiasm from all MOS members in participating in this annual scientific program. Given the number of submissions we decided to spread it over 2 weekends. We had submissions for all sub-specialities and much more. We were fortunate to have international and national faculty, but my committee's emphasis was and is to promote our own talent. Hence we tried to accommodate maximum IC submissions from our society. We also received very good response for free papers, posters and video. Heartiest congratulations to all winners of free papers,

posters and other eminent awards. I sincerely thank the entire managing committee of 2020-21 & my scientific committee for helping in making this conference a great success. I must mention a special thank you to Secretary, Scientific Committee, Dr Swapnesh Sawant for his stellar work in helping frame the program and effortlessly running the show.

The new year has brought new 'josh' to MOS. The new committee headed by Hon. President Dr Jignesh Taswala and Hon. Secretary Dr Rajesh Joshi have already elaborated plans for their tenure. As Chairwoman, Scientific committee we will continue to support all these activities. I would specifically like to mention a few important ones. The monthly Journal Club is an excellent new addition to the scientific calendar. Also Mission Col Rangachari is a welcome step in empowering MOS members in improving their scientific temper and making their presence at national level. Like the last year we urge all district societies to come forward to present on their topic of interest at state level. We assure you support and guidance for their efforts.

We hope we will soon see the end of pandemic. This will enable more physical meetings. We hope to organize a grand AIOC in Mumbai. I appeal to all members to contribute in making AIOC a huge success. Me and my committee reiterate our commitment towards facilitating and encouraging learning and enhancement of ophthalmic science. Hope to meet you soon! Do take care!

Yours truly,

Prof. Dr. Ragini Parekh

Chairman, Scientific Committee, MOS, 2020-22

A NEW YEAR, NEW BEGINNING AND (ALAS) A NEW WAVE



A very happy, healthy and safe new year to all! November is the month of change of guard in MOS. We had a very successful VIRCON 2021, in an online mode. The previous team of Dr Parikshit Gogate, Dr Shirish Thorat, Dr Pankaj Shah, Dr Ragini Parekh and Dr Swapnesh Sawant put in huge effort to make it a great learning experience.

A new team took over the reins of the august society, during the annual conference. It is led by a dynamic Hon. President, Dr Jignesh Taswala, who has hit the ground running and galvanized his team with a plethora of ideas, with the sole aim of furthering the cause of the society and by involving maximum members in various activities, for the benefit of the society. He is ably supported by Hon. Secretary Dr Rajesh Joshi and Hon. Treasurer Dr Rajeev Mundada as also the able Scientific Committee

Chairwoman, Dr Ragini Parekh. We expect many new ventures for the benefit of our members this year. We wish the new team great success in all their new ventures in their tenure.

Unfortunately we still are under the dark shadow of a pandemic, which is testing everyone's patience. The new year has brought a new variant and a new wave with it, which we hope will ebb sooner than the last one and also cause much less human loss in terms of morbidity and mortality.

Amongst the many new activities of our society, the new team decided to start a podcast. It's called 'Ophthalmology and Beyond-The MOS Podcast. It is available on Spotify, Google Podcast and Apple Podcast. It was a privilege to interview Dr G N Rao, an ophthalmology legend for the first episode. I truly encourage you to listen to all the episodes available so far and send your feedback.

We sincerely hope MOS-BOA gets the opportunity to host the AIOC, 2022 conference in an offline mode. I am sure all of MOS will contribute to make it a great scientific and organizational success.

Do send your valuable feedback about this issue to paranjpeeyecare@gmail.com

Dr. Mandar Paranjpe, Editor, BLINK

KNOW YOUR PRESIDENT - DR JIGNESH TASWALA

He passed out MBBS in 1982 & MS Ophthalmology in 1985 from BJMC, Pune.

He did Super specialization in Vitreo Retinal Surgery in Sankara Nethralaya in 1986.

He has held following positions in his illustrious career

1. Medical Director & Proprietor of Darshan Eye care Center, Pune
2. Senior Ophthalmologist doing Private Practice for 34yrs since 1987
3. Hon President, MOS
4. Hon Past President, Poona Ophthalmic Society (POS)
5. Member Advisory, POS
6. Member Board of Trustee, POS
7. Alumnus Sankara Netralaya, 1986
8. Section Editor, Indian Journal of Ophthalmology
9. International Conference Coordinator of following conferences
MOS Tashkent, MOS Spain & Portugal, MOS Scandinavia, MOS South Africa, MOS Croatia & Austria
10. Hon Organizing Secretary, POSCO 2008
11. Hon Organizing Chairman, POSCO 2010
12. Hon Org Secretary, MOSCON 2011
13. Hon Past Secretary, MOS
14. Hon Past Secretary, POS,
15. Hon Reviewer for AIOS Scientific Committee Free Papers & Videos
16. Hon Faculty for City, State & National Conferences
17. Hon Faculty for Surgical Skill Transfer Course at AIOS, MOS, POS
18. Member LDP, AIOS
19. Hon Conference Coordinator for POS, Bhutan
20. Past President of Yerwada Doctor's Association
21. Member Advisory, Yerwada Doctor's Association
22. Past President of Medi Jain, Pune District
23. Associate Patron of Medi Jain
24. Member Advisory Medi Jain
25. Hon Ophthalmologist at Lions Mukundrao Lele PMC Hospital for last 30yrs
26. Hon Consultant at Sahyadri Hospital Nagar Road, Pune
27. Hon Consultant at Inamdar Hospital, Pune
28. Hon Past Consultant at Columbia Hospital, Pune

Awards,

- 1 Sahebrao Satyavati Award by POS for excellent work in Community Ophthalmology
- 2 Doctor of the year award by Pune Congress Committee

Charitable Work :

1. Participated in Mega Eye Camp both Diagnostic (3000+ patients) & Surgical (operated 110+ cataract) in KENYA
2. Serving for 30yrs as Hon Consultant Ophthalmologist at Lion's Mukundrao Lele Hospital, where I conducted Eye OPD once a week & operated 4 surgeries every fortnight (almost 3000 cataract surgeries) for 30yrs.
3. Organized more than 5 Charitable Eye Diagnostic Camps under Om Mahavir Charitable Trust.
4. Dedicated Honorary services for 5yrs as Hon Past Consultant at Jalaram Mandir Trust, Alandi.
5. Conducted 50+ Diagnostic Eye camps at my own center in last 30 yrs

KNOW YOUR SECRETARY - DR RAJESH JOSHI

Dr Rajesh S. Joshi MS; DNB is an alumni of IGGMC and GMC Nagpur. He has a teaching experience of 26 years and is postgraduate teacher and guide. Presently he is Associate Professor and heading the department at Government Medical College, Nagpur.

He has published over 50 original articles and case reports in peer reviewed journals. He has presented free papers, videos, posters and has instruction courses on cataract, glaucoma and research methodology at MOS and AIOS level. He was a recipient of the AIOS -IJO award. He was awarded Best teacher award by MOS and has won Best video, paper and photo essay award in Vidarbha Ophthalmology and Maharashtra Ophthalmological conferences.

He was Chairman scientific committee, Secretary and President of Vidarbha Ophthalmology Society and ophthalmological society of Nagpur.

He is a member of FAICO committee AIOS.

He has attended many regional, national and international conferences. He has demonstrated live surgeries in many conferences. He has also been instrumental in the organization of many conferences in the capacity of Organizing chairman and Organizing Secretary.

He was member of Scientific committee Maharashtra Ophthalmological Society and International society of Manual small incision cataract surgery Maharashtra Chapter.

Areas of interests are Cataract, glaucoma and Refractive surgery.

He is a fitness enthusiast and swimmer.

KNOW YOUR HON. TREASURER - DR RAJEEV MUNDADA

- Director Elite Lasik Center Aurangabad
- Secretary - Marathwada Ophthalmological society
- Organizing Secretary MOSCON 2018 held at Aurangabad
- Zonal Member MOS 2020
- Co-opted Member MOS 2018 & 2019
- Director - Dr R. M Paramedical College

WHAT YOU SHOULD KNOW ABOUT MOS PGIIO



(Maharashtra Ophthalmological Society's Professional Group Indemnity for Ophthalmologist)

Dr. Vardhaman Kankariya

Asian Eye Hospital, Pune

Former Hon. Secretary MOS 2020

Secretary – MOS - PGIIO Committee 2020-23

Gone are the days, when doctors were given godly treatment, respect in society and special status for being a healer! With the advent of the Consumer Protection Act, medical practice has become a professional service, doctor's advice has become a commodity and patients have become consumers. In spite of doctor's efforts and scientifically sound decisions, patients may still land up in complications. It is said that, the only doctor who doesn't have complications, is the doctor who doesn't operate at all. Therefore, it is important for all members to secure themselves with a professional indemnity cover. New CPA act has come into force since July 2020. According to this, a patient can sue the doctor for a sum of even Rs. 1 crore or more at district level itself. Moreover, cases can now be filed anywhere in the country. So the doctor has to run helter-skelter to attend the hearings. It takes a huge toll on him both mentally and financially.

The purpose of professional indemnity insurance is to safeguard doctors from professional risk such as legal defense cost, claims for compensation, injury, damage borne by a third party, or a breach of confidentiality amongst others. When a patient's expectations of compensation are significant and costs associated with litigation are high, professional indemnity insurance protects your finances as a doctor. By investing in the policy, you can ensure your finances are protected and carry on your business smoothly without suffering from cash flow constraints. Therefore, it is mandatory for all members to take professional indemnity cover, however the individual policy premiums are high and they don't typically include refractive surgery. Therefore in 2020, Maharashtra Ophthalmological Society (MOS) has taken a special initiative for our members in the form of Maharashtra Ophthalmological Society's Professional Group Indemnity for Ophthalmologist (MOS-PGIIO). I must mention that it was the brainchild of then President MOS, Dr Mrs Sunaina Malik ably supported by MOS past president, Dr A A Deshpande as chairman and co-chairman of the MOS PGIIO committee respectively with myself as secretary. Other committee members been President, Secretary and Treasurer of MOS for the year from 2020 to 2023.

Benefits of MOS PGIIO

1. Market rates of individual clients: for 1Cr - 32000 we are charging 7200. I.e. 75% + discount
2. All Possible and Industry's best Coverage.
3. Industries Lowest Policy Excess of 0.25% or 25k, whichever is low.
4. Free and sound Medico Legal assistance with help of Dr A A Deshpande, (Chairman Medicolegal Committee, MOS & AIOS)
5. Cover from Market leader company in Indemnity policy : ICICI Lombard General Insurance
6. Easy services & human attentiveness for all queries/ claims for start to end process
7. Coverage for staff & LASIK in the same premium.
8. Defense Cost: - Legal cost to be borne by the insurance co. to defend member cases in the court/consumer forum.
9. Lawyer Panel: - Medico legal lawyer panel to represent doctors at the time of claim & member can choose his/her own choice of lawyer too.
10. Cashless Compensation: - Compensation will be paid by the Insurance Co. directly if a member loses the case in the court. Multiple claim amounts shall be paid up to the sum assured within the policy period.

11. Out of Court settlement: - Provision of out of court settlement limiting up to sum assured.
12. Legal Cell: - Senior doctors panel for 2nd level consultancy.
13. Breach of Confidentiality: - Cases arising due to breach of confidential information of patient to be included.
14. Loss of Documents: - Cases arising out of any loss of critical documents to be covered under the policy.
15. Defamation: - Policy covers defamation cases filed by patients.
16. Dishonesty: - Policy covers allegations from patients for dishonesty from profession.
17. No Membership/Legal Fees: - Policy will not charge any kind of membership or legal fees.
18. COVID 19 Cover: - Any allegation of negligence from COVID 19 is covered under the policy.
19. Criminal Case: - Policy will defend the insured for criminal allegations, until the criminal act is established by the court.

Current Premiums

MOS PGIIO committee has negotiated and fixed these premiums from ICICI Lombard for the next 5 years for the benefit of all MOS members.

ICICI Lombard General Insurance Co Ltd		
Ophthalmic Surgeon/Non Surgeon [with Refractive & Staff]		
Coverage	Premium [with GST]	Ratio
25,00,000	1,850	1:1
50,00,000	3,650	1:1
70,00,000	5,030	1:1
1,00,00,000	7,210	1:1
2,00,00,000	17,523	1:1
5,00,00,000	43,808	1:1

We would urge all members to avail the benefits of MOS PGIIO. Contact Person -

Any queries please call Mr Mudholkar on +91 88888 22089 or email to bhushan@infinetes.in

DR RAHIM MULJIANI (1929-2022) : A TRIBUTE



Dr Rahim Muljiani recently passed away after a short illness. A stalwart who practiced till the age of 90. He trained at Grant Medical College and in the UK before he started practice in Bombay in the mid 50's.

He contributed immensely to establishing departments of ophthalmology in Prince Aly Khan, Conwest Jain hospital and Jaslok Hospital and had his private rooms in the north and south of the city – was active till 2020. He was highly respected for his punctuality – which was legendary, knowledge and skill by patients and students alike. He would start and finish on time (professionally and socially) which enabled him to carry out his very busy schedule from 7am – 9pm all his life. He would attend conferences and meetings in India and Abroad and was known by all.

Among his vast contributions to society – the TALWADA eye camp he set up was very dear to him, large contributions were made only because 'Rahim' had set it up. Lakhs of patients were seen and treated, he would be there personally training young doctors, nurses, and other personnel at weekends.

Not many would know that he started his career in pharmacology before moving to ophthalmology. He had sown the seeds for a parallel career in the pharma industry- associated with most of them and did vast research for them with all phase trials under his belt. When Sandoz was taken over by Novartis, he had a lifelong contract with them. Stunning achievement.

He received many awards but the ones he cherished most were the lifetime awards from the BOA, MOS (Past President in both), VR Societies and the honorary membership of the Royal College of Ophthalmology. His contribution to Rotary was immense - highly respected and cherished for his social contributions.

He was an excellent host and would invite friends and colleagues to the various clubs where he was a member. These were memorable occasions.

'Mulji Saheb' we will miss you. He is survived by his wife and son.

- Dr Phiroze Patel, a colleague and friend.

Maharashtra Ophthalmological Society Office Bearers

President: **Dr Jignesh Taswala**

1st Vice President: **Dr Santosh Bhide**

2nd Vice President: **Dr Santosh Agarwal**

Secretary: **Dr Rajesh Joshi**

Treasurer: **Dr Rajeev Mundada**

Chairperson Scientific Committee: **Dr Ragini Parekh**

Joint Secretary: **Dr Anagha Heroor**

Joint Treasurer: **Dr Vivek Motewar**

Editor JCOR: **Dr Barun K Nayak**

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