



Maharashtra Ophthalmological Society

OCT 27,28,29

Hotel Sayaji Kolhapur

Practice Management
speciality program
@ MOSCON 2023



Hall F, Day 1 (Friday, 27th October) 10.30 AM to 11.30 AM

**[IC55] - THE PANORAMIC POSTGRADUATE - A HOLISTIC
APPROACH TO ACING RESIDENCY**

Chief Instructor : Dr.Padmapriya Venkataramanan,

Young minds in our field come together to deliver crucial lessons derived from their experience and expertise. Precise presentations followed by extensive discussions will be the style of the instruction course (IC). The USP of the session will be the extended online interviews and valuable resources which the audience can access to maximize the utility of the IC. The topics include strategizing exams, decoding the mindset of a master surgeon, acing in presentations and publications, improving fitness, and developing an innovative attitude. Every talk will be presented by a young expert in the respective domain. The broad spectrum of topics will motivate the resident to transform into a well-rounded panoramic post-graduate.

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|---|-------------------------------|-------------|
| 1. Excel in your exams! | :Dr.Rhishikesh Deshpande | (8 - Mins) |
| 2. Innovation and Research your way to success! | :Dr.Hirika Gosalia | (8 - Mins) |
| 3. Get fit as a fiddle! | :Dr.Pinank Chetan Kharkande | (8 - Mins) |
| 4. Be the master surgeon! | :Dr.Padmapriya Venkataramanan | (8 - Mins) |
| 5. Present like a Pro! | :Dr.Prithvi Chandrakanth | (8 - Mins) |

Panel Discussion :- (10 Mins)

Hall F, Day 1 (Friday, 27th October) 11.30 AM to 12.30 PM

[IC13] - WORRIES AND CONCERNS OF A NEWBIE PRACTITIONER

Chief Instructor : Dr.Paritekar Prajakta

This instruction course sheds light upon different types of practices in Ophthalmology and their respective challenges. First - A novice practitioner who has to face some unavoidable challenges like monetary investment, adhering to government regulatory. Second - a next generation practitioner who has to work towards creating a niche different from already existing legacy. Third - an institute practitioner who has a challenge to create his or her separate identity within the umbrella of the institute. We intend to discuss pros and cons of each category and wish to share some tips for newbies to overcome these challenges.

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|---|------------------------|-------------|
| 1. Tips and Tricks for starting a new practice | :Dr.Ravish Vaishnav | (8 - Mins) |
| 2. Cracking the deal - Negotiation is an art | :Dr.Neeraj A. Israni | (8 - Mins) |
| 3. Permissions and Licenses - all you need to know for a new practice | :Dr.Pallak Kusumgar | (8 - Mins) |
| 4. Challenges of a 2nd generation practitioner | :Dr.Zain Khatib | (8 - Mins) |
| 5. Institute Practice - Boon or Bane | :Dr.Paritekar Prajakta | (8 - Mins) |

Panel Discussion :- (10 - Mins)

Hall F, Day 1, Friday, 27th October, 1.45pm to 2.45pm

ISMSICS SESSION

Chairman - Dr Jagannath Boramani

Co chairman - Dr Barun Nayak and Dr Santosh Bhide

Moderator - Dr Parikshit Gogate

Convenor - Dr Prakash Marathe

Co Convenor - Dr Sanjay Ghotane

Panelists: Dr Anil Kulkarni, Dr Nayana Potdar, Dr Vaishali Une and Dr Mahesh Dalvi

Speakers:

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|---|-----------------------|---------|
| 1. Introduction of ISMSICS | Dr Jagannath Boramani | (2mins) |
| 2. The use of HelpMeSee Simulator in imparting MSICS surgical training, a real Boon | Dr Kimaya Chavan | (8mins) |
| 3. SICS AS A SAVIOUR: Difficult situations | Dr Rajesh Joshi | (8mins) |
| 4. Nucleus Management in MSICS | Dr Amey Kulkarni | (8mins) |
| 5. Dr Boramani's customised incision cataract surgery | Dr Aarti Heda | (8mins) |
| 6. Smart SICS | Dr Usha Johari | (8mins) |

Discussion -18mins

Hall F, Day 1, Friday, 27th October, 3pm to 4pm

YO SESSION

Each presentation will be of 3 min followed by 4 minutes discussion

Panellists:

1. Dr Suhas Haldipurkar
2. Dr Vardhaman Kankariya
3. Dr Saurabh Patwardhan

Moderators:

1. Dr Aarti Heda
2. Dr Zain Khatib

Presenters

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|---|--|--------------------------|
| 1 | No suture, no glue, no marker all the way blood technique of Pterygium grafting surgery in high volume cases in tertiary care centre | Dr. Vishakha Wadibhasame |
| 2 | New Innovative inverse chopper for Phaco | Dr Neeraj Israni |
| 3 | Management of Intraoperative Zonular dehiscence | Dr Aniket Patil |
| 4 | Aniridia SFIOL | Dr Sheetal Divate |
| 5 | DMEK like DSEK | Dr Asmita Patne |
| 6 | Management of long standing post traumatic epithelial ingrowth in a Post LASIK case | Dr Yogesh Chougule |
| 7 | Unfurl : Managing displaced LASIK flap | Dr Devika Joshi |
| 8 | Adjustable suture in case of strabismus | Dr Rushabh Shah |

Hall F, Day 1 (Friday, 27th October) 4.15 PM to 5.15 PM

**[IC52] - DIAGNOSTIC AND THERAPEUTIC DILEMMA IN
OPHTHALMIC PRACTICE**

Chief Instructor :Dr.Vijay Shetty

Ophthalmologists come across many situations in their practice where there is a dilemma to choose the right investigative modality and the right intervention in different clinical scenarios. Right choice improves the outcome and improves the cost effectiveness. The role and merits of Corneal topography and tomography in case selection and also in planning laser vision correction surgery will be discussed. Making the decision of choosing OCT or Perimetry in different clinical situations in glaucoma and monitoring its progression will be deciphered in details in the next talk. Dealing with diabetic maculopathy with different intravitreal injection and lasers will be systematically explained. Finally dealing with cataract in difficult situations by different surgical techniques along with judicious use of different devices in management of small pupil during cataract surgery will be discussed.

1. Corneal Topography Versus Corneal Tomography In Keratorefractive Surgeries :Dr.Seema Bhosale (8 - Mins)
2. Perimetry Versus Oct For Diagnosis And Monitoring Glaucoma Progression :Dr.Vijay Shetty (8 - Mins)
3. Antivegf Versus Steroids In Management Of Diabetic Macular Oedema :Dr.Devendra Phalak (8 - Mins)
4. Sics Versus Phacoemulsification In Challenging Situation :Dr.Ketan Nikam (8 - Mins)
5. Iris Hooks Versus Rings In Small Pupil :Dr.Chipade Prakash (8 - Mins)

Panel Discussion :- (10 - Mins)

Hall F, Day 2 (Saturday, 28th October) 9.15 AM to 10.15 AM

Teleophthalmology and Medico Legal symposium

Chairman: Dr Deshpande A.A.

Co chairman: Dr Quresh Maskati

Moderator: Dr Prakash Marathe

Panelist: Dr. Deshpande A.A.; Dr. Quresh Maskati; Dr. Prakash Marathe; Dr Viral Shah; Dr. Neha Deshpande

Speakers

1	What is telemedicine and its scope in India.	Dr. Neha Deshpande	10 Mins
2	Tele ophthalmology Present and Future	Dr. Quresh Maskati	10 Mins
3	Criminal and consumer liability of Teleophthalmology in India	Dr. Deshpande A.A	10 Mins
4	Legal control of Teleophthalmology.	Dr. Prakash Marathe	10 Mins
5	Landmark Court Judgements Related to Ophthalmology – Lessons to be learnt.	Dr. Viral Shah.	10 Mins

Panel Discussion (10 Mins)

Hall F, Day 2 (Saturday, 28 th October) 10.30 AM to 11.30 AM

Investonomics & Financial planning for a Private Practitioner

Chief Convener: Dr Jignesh Taswala

Chairman : Dr Jignesh Taswala

Co Chairman : Dr Ramesh Shah

Convener : Dr Himanshu Mehta

Moderator : Dr Nitin Prabhudesai

Panelists: Dr Ramesh Shah, Dr Himanshu Mehta & Dr Nitin Prabhudesai

1 Fundamental Analysis in Stock Market	Dr Ramesh Shah	20 Mins
2 Acquisitions & Mergers in Ophthalmic Practice	Dr Nitin Prabhudesai	10 Mins
3 Financial planning Pearls for Beginners in Individual Practice	Dr Jignesh Taswala	10 Mins

Panel Discussion (20 mins)

Hall F, Day 2 (Saturday, 28 th October) 11.45 AM to 12.45 PM

Leadership Development Program (LDP) session

Chairman: Dr. S. Natrajan

Co Chairman : Dr. Santosh Bhide

Moderator : Dr. Parikshit Gogate

Convener : Dr. Geetanjali Sharma

Theme : Challenges taken as Opportunities

Leading from front as MOS President	Dr. Santosh Bhide	7 min
Research based Medical writing by a private practitioner	Dr. Parikshit Gogate	7 min
Organising conferences : Best challenge so far	Dr. Vaishali Une	7 min
leadership beyond Ophthalmology: Challenges as IMA secretary	Dr. Geetanjali Sharma	7 min
Taking Indian leadership to international level	Dr. S. Natarajan	7 min
Being a post graduate teacher, how easy , how tough?	Dr. Nayana Potdar	7 min

Panel discussion: 15 min

Hall F, Day 2 (Saturday, 28 th October) 1.45 PM to 2.45 PM

JCOR SESSION

Chairman: Dr. B K Nayak

Co chairman: Dr. S. Natarajan

Moderator: Dr. Rajesh Joshi

Convener: Dr. Viral Shah

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| 1. Importance of performing research and why you should submit your research to JCOR | Dr Rajesh S. Joshi | (8min) |
| 2. How to conduct Randomised control trial in clinical practice | Dr Parikshit Gogate | (8min) |
| 3. Common statistical tests for research writing | Dr B. K. Nayak | (8min) |
| 4. Importance of case report in the present-day research | Dr Sumit Lahane | (8min) |
| 5. Choosing the right journal for your article | Dr Viral Shah | (8min) |
| 6. Plagiarism | Dr S Natarajan | (8min) |

Question and Answer (10min)

Hall F, Day 2 (Saturday, 28 th October) 3 PM to 4 PM

Managing Funds for the research Works

Chairperson: Dr. Kuldeep Dole

Co Chair: Dr. Rahul Deshpande

Moderator: Dr. Mandar Paranjpe

Convener: Dr. Abhijeet Dhavale

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| 1. Introduction and principles of writing proposals for funding | Dr. Kuldeep Dole | (10min) |
| 2. Working with individual donors-our experience | Dr. Madhav Bhat | (7min) |
| 3. Working with corporates for CSR funding- our experience | Dr. Rahul Deshpande | (7min) |
| 4. How can Ophthalmology societies work to help members with providing funding | Dr. Mandar Paranjpe | (7min) |

Hall F, Day 2 (Saturday, 28 th October) 4.15 PM to 5.15 PM

[IC57] - TOP PEARLS FOR SUCCESSFUL PRIVATE PRACTICE!!

Chief Instructor :Dr.Motewar Vivek V

Proper start with positive attitude. key to success....Dr Amit Mahajan 2. Gazette and equipments... which,how and when?....Dr Vivek Motewar 3. Various finance options with their advantages and drawbacks... Dr shon chinchole 4. Ethical and sound practice... changing paradigm over last few decades....Dr Madhav ambekar 5. Group practice...yehi hai right choice!! ..Dr Anand Pimparkar

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| 1. Proper start with positive attitude.. key to success..! | :Dr.Amit Mahajan | (8 - Mins) |
| 2. Gazette and equipments... which,how and when? | :Dr.Motewar Vivek V | (8 - Mins) |
| 3. Various finance options with their advantages and drawbacks | :Dr.Shon Chinchole | (8 - Mins) |
| 4. Ethical and sound practice... changing paradigm over last few decades | :Dr.Ambekar Md | (8 - Mins) |
| 5. Group Practice... Yehi hai Right Choice | :Dr.Anand Pimparkar | (8 - Mins) |

Panel Discussion :- (10 - Mins)

Keynote: Incentives- Road map to growth and staff retention: Dr. D. Ramamurthy

Hall F, Day 3 (Sunday, 29 th October) 8 AM to 9 AM

[IC5] – A TO Z OF SETTING UP AN EYE CARE FACILITY

Chief Instructor : Dr.Wagh Sangeeta,

We who are first generation Ophthalmologists ,have all struggled with how to go about setting up an independent eye care facility. This Instruction course has been designed to make it simple to do so . This will be useful and make new comers armed with knowledge on what are the basic requirements, in terms of infrastructure , manpower , various licences to be followed . This can be a resource to the how and why of setting up a new eye care facility. Right from mobilising finances to being fully equipped to deal with day to day working of the clinic, this course will be a guideline to avoid mistakes and encountering trouble with health authorities . It would also help to not just establish a practice, but also ensure it's smooth running and functioning.

Infrastructure And Manpower – For Out Patient And Operating Room	:Dr.Patwardhan Nidhi S	(8 – Mins)
Sterilisation And Infection Control	:Dr.Agrawal Vinay B	(8 – Mins)
Permission And Licenses- How And When Do We Need Them	:Dr.Patil Sanjay Dattatray	(8 – Mins)
Accreditation And Insurance – Benefits	:Dr.Mandar Govind Paranjpe	(8 – Mins)
Finances – Raising The Capital And Projecting Sustainability Of The Project	:Dr.Vardhaman Kankariya	(8 – Mins)

Panel Discussion :- (10 – Mins)

Keynote:

How do we drive employee satisfaction at Eye Foundation:

Dr. Chitra Ramamurthy

Hall F, Day 3, Sunday, 29th October, 9.15am to 10.15am

Ophthalmological society of Kolhapur (LOC) Session

Topic: Which type of practice suits you?

Chairman - Dr Sanjay Ghotane

Co-chairman - Dr Sanjay Rasal

Moderator - Dr Milind Sabnis

Co-moderator: Dr. Mandar Patil and Convener: Dr. Chetan Kharkande

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| 1. Solo private: yes.. you can survive and excel even in this era | Dr. Chetan Kharkande | (8min) |
| 2. Journey from solo private practice to a multispecialty ophthalmology set up | Dr. Sadanand Patne | (8min) |
| 3. Ophthalmology practice in a medical college: Is it a safe bet? | Dr. Milind Sabnis | (8min) |
| 4. Running ophthalmology department in a multispecialty hospital: How is it different | Dr. Sujata Navare | (8min) |
| 5. Adapting to the ophthalmology advances as a senior practitioner | Dr. Sanjay Ghotane | (8min) |

Keynote address:

Academic Excellence in Private Practice: Dr. Arup Chakraborty (10min)

Hall F, Day 3, Sunday, 29th October, 10.30am to 11.30am

National and International Heroes of MOS

Chairman: Dr. Santosh Bhide

Co chairman: Dr. Santosh Agarwal

Moderator: Dr. Vardhaman Kankariya

Co moderator: Dr. Aditi Watve

Convener: Dr. Anagha Heroor

Co convener: Dr. Atul Kadhane

Maharashtra Ophthalmological Society (MOS) would like to recognize esteemed MOS members who have achieved exceptional academic award/achievement at national and international scale from September 2022 till September 2023, with 'National and International Hero of MOS' award. This will recognize achievers and encourage our members to perform their best at national/International stage.

Hall F, Day 3 (Sunday, 29 th October) 11.45 AM to 12.45 PM

[IC54] - THE SMART EYE CLINIC

Chief Instructor : Dr.Pinank Chetan Kharkande

For a resident, fellow, or an ophthalmic practitioner - ophthalmic devices have always been bulky and expensive. In today's world where everyone has a smartphone in hand, can it be used as an effective screening tool/alternative to the instrument that we already use in daily life? in this instruction course, we are going to show how one can transform their smartphone into a useful tool that can be made with things found in the outpatient department and can be used to obtain images/evaluate/diagnose/record ophthalmic findings such as visual acuity, gonioscopy, retinoscopy, microbiology, anterior-posterior segment, cobalt blue filter photography, apps for 3d pedagogy-counseling, Optic nerve functions and much more just literally in the tip of your hand. a never-before hardware-software IC on smartphone clinical application with authentic PubMed indexed article on the efficacy of the tools demonstrated.

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| 1. Anterior Segment Photography With Intraocular Lens & Related Modifications (Aspire), Iolscope | :Dr.Prithvi Chandrakanth | (8 - Mins) |
| 2. Iverter, Magnifix, Gimbalscope-Retinoscopy, Scooby Doo(Cobalt Bue Imaging) | :Dr.Hirika Gosalia | (8 - Mins) |
| 3. Smartphone Apps For Emr, Ophthalmic Assessments, Calculation, 3d Imaging | :Dr.Pinank Chetan Kharkande | (8 - Mins) |
| 4. 3d - 4d Resident-Fellow Pedagogy And Patient Counseling Devices | :Dr.Prasanna Venkatesh Ramesh | (8 - Mins) |
| 5. Trash To Treasure Retcam(Fundus Imaging) , Aspi-Gonio, Slim(Slit Lamp Microbiological Evaluation) | :Dr.Padmapriya Venkataramanan | (8 - Mins) |

Panel Discussion :- (10 Mins)

Hall F, Day 3 (Sunday, 29 th October) 1 PM to 2 PM

[IC6] - LOW VISION AIDS – A BOON FOR VISUALLY IMPAIRED

Chief Instructor : Dr.Deshpande Rahul D

The burden of visual impairment in India is estimated at 62 million and 54 million persons have low vision. It has been observed that almost 90% of those considered blind retain a degree of potentially useful residual vision. This residual functional vision can be made useful so that these patients can carry out their day-to-day activity independently. Only 3% of all blind and visually impaired children in developing countries have access to basic low vision care. The major limitations in the delivery of low vision care in the developing world is Lack of emphasis on low vision in existing eye care programme. So it is very necessary to carry out low vision instruction courses . It will cover introduction, various causes, assessment , discussion about various optical and non-optical devices , recent advances .Early management and provision of aids will help them cope with their daily needs, as well as social needs. Thus, with low vision services will help in their social acceptance.

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| 1. Introduction To Low Vision | :Dr.Deshpande Rahul D | (8 - Mins) |
| 2. Assessment Of Low Vision Services | :Dr.Dole Kuldeep S | (8 - Mins) |
| 3. Optical And Non Optical Aids | :Dr.Kamble Sidharth
Arjunrao | (8 - Mins) |
| 4. Recent Advances In Low Vision Services | :Dr.Dhake Praful Vishnu | (8 - Mins) |
| 5. Setting Up Low Vision Clinic | :Dr.Mangiraj Varsha V | (8 - Mins) |

Panel Discussion :- (10 - Mins)